



LOW COUNTRY  
DERMATOLOGY

## SILK PEEL PRE & POST PROCEDURE INSTRUCTIONS

The SilkPeel® Dermalinfusion skin care procedure is designed to improve the appearance of skin with just one or a series of treatments. The procedure takes about 30 minutes, does not cause pain, and does not require any downtime. Similar to microdermabrasion, the SilkPeel® treatment involves the removal of outer layers of skin through exfoliation techniques. However, the SilkPeel® treatment differs from microdermabrasion because it employs use of various treatment serums specially formulated to treat specific skin conditions. The SilkPeel® hand piece is specially designed to exfoliate the outer layers of the skin, suction away the dead skin cells, and saturate the skin with the treatment solution. The serum penetrates the outer dermis to reach deeper layers of skin, infusing it with vitamins, minerals, and antioxidants, and increasing the effectiveness of treatment.

### Pre-Procedure Instructions

- Avoid any known skin irritants 1 week prior to treatment
- Please inform our office if you are pregnant or nursing
- Avoid direct sun exposure for at least 3 days before treatment

### Post-Procedure Instructions

- Following your treatment, you can immediately return to your normal activities.
- Refrain from using retinoids and other acids for 3 days.
- Your skin will have a warm, pinkish glow that will usually fade in about 30-60 minutes, leaving your skin looking healthy and renewed.
- For the first 72 hours post treatment, your skin is more vulnerable to irritation and damage.
- It is recommended to not wax the treated area for 7 days after your treatment.
- You may find that you are sensitive to products that you usually use and tolerate well. If your skin feels more sensitive than usual, cleanse with a gentle, non-acidic cleanser.
- Makeup may be applied as long as the skin is not broken. If the skin is broken, apply antibiotic ointment.
- You should always wear an SPF of 15 or greater when exposed to any sunlight.
- While you may see visible results after the first treatment, lasting and more significant results will be seen after 4-6 treatments spaced 7-10 days apart, supplemented by a recommended skin care regimen.

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