



LOW COUNTRY
DERMATOLOGY

CONSENT TO MELANAGE PEEL OR MINI PEEL TREATMENT

The instructions provided in this informed consent should be followed by all patients receiving the Melanage Peel/Mini Peel Treatment. You will be asked to sign this form acknowledging that you have read and understood all of the information presented.

Melanage Peel / Mini Peel Treatment Purpose

The Melanage Peel / Mini Peel Treatment is a superficial peel designed to improve the texture and appearance of your skin.

Patients Who Should Not Be Treated

Patients who have any of the following conditions or underwent or been prescribed any of the following therapies or medications:

- Active cold sores or warts
- Skin with open wounds, sunburn, excessively sensitive skin
- Dry eye conditions, such as keratoconjunctivitis sicca, inflammation of the cornea and conjunctiva of the eyes
- Dermatitis or inflammatory rosacea in the area to be treated
- Autoimmune disease
- A history of herpes simplex
- Keloids or raised scars
- A history of allergies, rashes or other skin reactions
- Cancer
- Human chorionic gonadotropin or human chorionic gonadotropin (HCG) or any hormone therapy
- Topical Fluorouracil, also known as "5-FU" and sold under such brand names as Efudex, Carac and Fluoroplex
- Chemotherapy, radiation therapy or taken Accutane within the last year
- Pregnant or breastfeeding (lactating) women

Patients who are one week premenstrual or on their menses may experience more sensitivity, redness or flaking and this should be taken into consideration when scheduling your Melanage Peel / Mini Peel Treatment.

Adverse Experiences That May Occur After Your Peel

It is common and expected that your skin will be red and possibly itchy and/or irritated. It is also possible that other adverse experiences (side effects) may occur. Although rare, the following adverse experiences have been reported by patients after having a Melanage Peel / Mini Peel Treatment: skin breakout or acne, rash, dark spots (hyperpigmentation), light spots (hypopigmentation), swelling, burning and skin

wrinkling (skin atrophy). **Call the office immediately if you have any unexpected problems after the procedure.**

Lack of Effect

Although most people experience peeling of their facial skin, not every patient notices that their skin peels after a Melanage Peel / Mini Peel Treatment. Lack of peeling is NOT an indication that the peel was unsuccessful. If you do not notice actual peeling, please know that you are still receiving all the benefits of the Melanage Peel / Mini Peel Treatment, such as improvement of skin tone, texture, and appearance of fine lines and hyperpigmentation.

There are a number of reasons why a patient may not have peeling which include:

- Having peels regularly with a short interval between peels
- Frequent use of Retin-A, AHA, or other peeling agents prior to the treatment
- Severe sun damage

Proper skin evaluation by your skin care professional prior to your peel is important and will help predict the outcome of your peel.

Please read and initial the following:

- I understand that the Melanage Peel / Mini Peel Treatment is not an exact science and the degree of improvement is variable. _____
- I understand that occasionally there is no visible improvement and another form of treatment may be required. _____
- I do not have any conditions described in the "Patients Who Should Not Be Treated" section.

- I understand it is important for me to use an antiviral medication when receiving this procedure and am following my physician's instructions related thereto. _____

By my signature below, I acknowledge that I have read this Melanage Peel / Mini Peel Treatment informed consent form and understand it. I have been given the opportunity to ask questions and my questions have been answered to my satisfaction. I have been adequately informed of the risks and benefits of this treatment and wish to proceed with the Melanage Peel / Mini Peel Treatment.

Patient Signature

Print Name

Date

Witness Signature

Print Name

Date