



MELANAGE PEEL / MINI PEEL TREATMENT PRE & POST PROCEDURE INSTRUCTIONS

One Week Before Your Melanage Peel / Mini Peel Treatment

Avoid these products and/or procedures:

- Electrolysis
- Waxing
- Sunless tanning, spray tanning or UV free tanning
- Depilatory Creams
- Laser hair removal
- Patients who have medical cosmetic facial treatments or procedures (laser therapy, surgical procedures, cosmetic filler, microdermabrasion, etc.) should wait until skin sensitivity completely resolves.
- Patients who have had Botox injections should wait until all bruising subsides
- Retin-A (tretinoin), Renova (tretinoin), Differin (adapalene), Tazorac (tazarotene), Avage (tazarotene)
- Any products containing Retinol, AHA or BHA, Benzoyl Peroxide or Hydroquinone.
- Any exfoliation products that may be drying or irritating

Note: the use of these products/treatments prior to your peel may increase skin sensitivity and cause stronger reactions.

After Your Melanage Peel / Mini Peel Treatment

It is crucial to the health of your skin and success of your peel that these guidelines be followed:

- Your skin may have a light yellow tinge immediately after removal of the Cream Masque / Mini Peel Solution. This is temporary and will fade in a few hours
- It is imperative that you use sunscreen with a SPF of at least 30 and avoid direct sunlight for at least 1 week.
- Best results will be obtained with regular daily use of such sunscreen.
- Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure as their skin may be more sensitive.
- Your skin may be more red than usual after removal of the Cream Masque / Mini Peel Solution. Please avoid strenuous exercise during this time.

- Approximately 48 hours after the treatment, your skin will start to peel. This peeling will generally last 2 to 5 days. DO NOT PICK OR PULL THE SKIN.
- When washing your face, do not scrub, do not use a washcloth. Use the anti-redness foaming cleanser provided.
- Apply the anti-redness soothing balm as directed and as needed to relieve dryness, tightness and itching
- Use only the products in your kit. Do not use any other skincare products until directed to do so by your skincare professional.
- Wait until the peeling is complete before having any other facial procedures including:
 - Facials
 - Microdermabrasion
 - Laser treatments
 - Laser hair removal
 - Botox injections
 - Injectable fillers