



LOW COUNTRY  
DERMATOLOGY

## MICRONEEDLING WITH SKIN PEN

### WHAT IS MICRONEEDLING?

Our bodies have innate processes that will react to injury by producing new cells and extracellular materials (like elastin and collagen) to heal the wound. Microneedling takes advantage of that natural process through the implementation of a finely tuned device called the SkinPen. This device initiates your natural healing process by creating hundreds to thousands of temporary micro-sized openings, or micro-channels, resulting in less downtime and less risk.

### WHAT ARE THE BENEFITS OF MICRONEEDLING?

- Minimize the appearance of fine lines, wrinkles, acne/body scars
- Improve the appearance of pores
- Produce radiant, even-toned skin
- Improve effectiveness and penetration of topical skincare products

Most patients see results after four to eight weeks, but you will continue to see improvements in your skin as your body's natural repair process creates more collagen.

### WHO IS A CANDIDATE FOR MICRONEEDLING?

Microneedling is safe on all skin types and ethnicities and can be used on sensitive areas (crow's feet, neck, back of hands) that cannot be treated easily with other procedures. Additionally, the risk of hyperpigmentation is very low in respect to other treatments.

### WHAT DOES MICRONEEDLING FEEL LIKE?

A topical numbing cream will be applied to the treated area before your procedure starts. Most patients experience a sandpaper or prickly feeling during their treatment.

### WHAT CAN I EXPECT AFTER MY TREATMENT?

There is no significant downtime. You can expect to experience effects similar to a mild sunburn after the procedure (such as redness, dryness, and swelling.) For a few days, your skin will feel like fine sandpaper. You can return to normal activities and conceal most of the mild side-effects with make-up after a couple of days.

### HOW OFTEN DO I NEED MICRONEEDLING?

We recommend an initial series of three treatments at six week intervals. After this initial series, we suggest a maintenance treatment every six months to a year for lasting results.